



# ANSAR WOMEN'S COLLEGE

(Affiliated to University of Calicut)

Accredited by NAAC with A grade (CGPA.3.20)

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Date.....

## Women Empowerment Cell

### Annual Report 2023-24

#### Driving Classes for Students and Teachers.

Women Empowerment Cell in pursuit of gender equality and empowerment is providing driving classes for final year students and teachers as a pivotal step towards fostering independence and self-reliance. This venture is a continuation of the step began by Student Empowerment Cell in the academic year 2022-23, outlining the various benefits and potential impact on individuals and society at large. The driving class initiative was organized as part of the best practice offered by Ansar Women's College.



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#### Session on Women Equality: Its Psychological Barriers

Women Empowerment Cell conducted the session on Women Equality and its Psychological Barrier in connection with Women Equality day Observation. This session was handled by Kashmeela ET (Psychologist, Family Counselor) on 7<sup>th</sup> December 2023 in the Conference hall from 9.30 am. Around 75 students participated in this session. Women's equality is a fundamental aspect of any progressive society. However, achieving true equality requires addressing not only external barriers but also psychological ones that hinder women's

advancement. The session delves into the psychological barriers faced by girls in their pursuit of equality, focusing on a session designed to raise awareness and empower female students.



### Women Safety Self Defence Training Program

Women Empowerment Cell in collaboration with Anti Sexual Harrasment Cell organized a self defence training session for the members of two cells on 20<sup>th</sup> December 2023 Wednesday at 10.30 am in the Prayer hall .The session was provided by Shiji PB ,Prathiba PK, Sheeja IA (Senior Civil Police Officers and Self Defence Master Trainers, Thrissur City Police ) .Around 50 students participated in the session The training covered an awareness session and Practical training.It focused on how to defend ourself in endangered situation. It was really a new experience for the students .In recent years, there has been a growing recognition of the importance of providing defense training to girls.



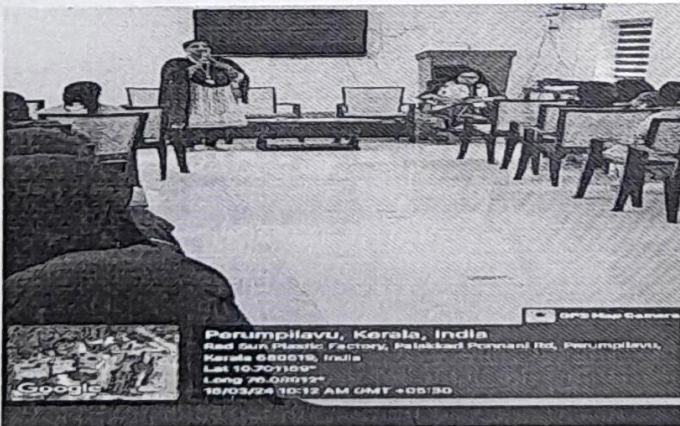
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## Miss Femina 2024

Women Empowerment Cell in collaboration with PG Department of English ,as a part of Women's Day observation conducted Miss Femina 2024 in the conference hall on 18<sup>th</sup> March 2024 at 10.00 am .The programme was attended by the students of PG Department of English and Women Cell members.This programme was not held as a competition or debate ,this showed its difference by giving a chance to share the personal experience of two empowered women who were considered as" Miss Femina" .The two guests of honours were Miss Greeshma Raveendran (Faculty ,Language Department ) and Miss Bindu (Office Assistant). Ms Greeshma motivated the students by quoting the lines of famous Malayalam poets who have raised the voices for Women



Women Empowerment Cell Coordinator

Manju Krishna VR

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